

Entertainment

Tensions revealed in Neptune's Masked

pg 16



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Celebrity Buzz

Paltrow tops worst duet poll

pg 22



Reporters interviewed Premier Rodney MacDonald about the new session of legislature opening today.

HRM by Design, child porn reporting on Tories' agenda

JENNIFER TAPLIN
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Child pornography reporting and HRM by Design are two pieces of legislation that will receive a lot of attention this fall.

Premier Rodney MacDonald said he hopes the parties can work together with his minority government to get some work done in the new legislature session, which begins today.

"Hopefully we'll see a smooth fall session, but my government is prepared to

get on with the work required to be done. If the opposition wants to force something, that's up to them. We're always prepared if need be."

The Tories will introduce child pornography legislation making it mandatory to report it.

"I would hope the opposition would see the value of protecting our young people across the province," he told reporters yesterday.

"The legislation, I hope, is one all parties will be supportive on."

The other biggie is HRM

"Hopefully we'll see a smooth fall session, but my government is prepared to get on with the work required to be done. If the opposition wants to force something, that's up to them."

Premier Rodney MacDonald

by Design, which was put off in the spring session. Recently, MacDonald challenged city council after they voted down the Waterside office building development.

This legislation is more important now in the current economic environ-

ment than any other time, MacDonald said.

"This should clear the air for business and this should clear the air for citizens of HRM when dealing of projects of this nature."

Also coming up is legislation on credentials so more

professional immigrants can practice their trade in Nova Scotia.

"There's a good example of legislation that should have passed in the spring. The opposition held it up and I'm hoping they'll see the merits of that," MacDonald said.

"They've been given ample time to ask questions and that's legislation that should go through this fall."

ShareYourViews

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Ottawa man guilty on five counts related to terrorism

An Ottawa software developer who was the first person charged under Canada's post-9/11 anti-terrorism legislation was found guilty yesterday on five of seven terrorism-related counts against him.

Justice Douglas Rutherford convicted Momin Khawaja, 29, on five charges that he "knowingly participated in or contributed to activity of a terrorist group," but found him not guilty of two terrorism charges related to a foiled London bomb plot.

Rutherford said Khawaja was not guilty of terrorism offences related to a remote-controlled detonating device he built in the basement of his home because it wasn't proven that he knew it would be used for a bomb attack in London, U.K. Khawaja was instead found guilty of two related Criminal Code explosives offences.

Khawaja's defence lawyer Lawrence Greenspon called it a "victory" afterwards.

"He's been acquitted of any role in the London bombing," Greenspon said, adding that the convictions "pale in comparison to the charges he was facing in relation to the London bombing."

Sentencing is Nov. 18. Khawaja could face life in prison.

TRACEY TONG/METRO CANADA

Watch a report on the results of Khawaja's trial at metronews.ca/canada

HRP investigating officer in video

CITADEL HIGH Halifax Regional Police are investigating one of their officers after a confrontation outside Citadel High School was captured on video by CBC.

The video, viewable online, shows an officer and a student in an intense verbal argument. Police are looking into what led up to the confrontation.

METRO HALIFAX

Food pg 14

Buttering up with squash



Sports pg 11

Phillies win World Series



Entertainment pg 19

McGinnis becomes Bond

spring garden *Celebration*



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Reno shuts down library for day

The Captain William Spry library will be closed all day Tuesday, Nov. 4 due to renovations. If you've got an overdue book, you won't be charged late fees that day. **METRO HALIFAX**

3

Local



Fall back on new batteries

When you switch your clocks back this Sunday, remember to change your smoke alarm battery. Fire chiefs say the easiest way to keep your alarm working is to change it at least once a year, at the end of Daylight Savings Time. **METRO HALIFAX**

Commuter choice coming

New rural express buses will start in May to link riders from Tantallon to downtown

LINDSAY JONES

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Expect less traffic on Highway 103 this spring.

Ten new rural express buses will hit the road in May to link communities along Highway 103 from Tantallon to downtown Halifax.

Council awarded a \$1.35 million tender to Overland Custom Coach on Tuesday night for the project.

Aimed at commuters, the MetroX service will start off making four trips in the morning and evening at peak times every 30 minutes. There will also be one midday trip.

MetroX buses will leave from Hubley Centre at Exit 5 and stop at park-and-ride lots at Exit 4 and 3.

Like the MetroLink, the MetroX also costs a premium.

The half-hour commute will cost passengers \$4 to \$5 each way. Passes are expected to be offered, though the details are still being worked out.

The project will eventually expand to 30 buses and provide service along parts of Highway 101, 102 and 107 over three years, costing taxpayers \$4.23 million.

Metro Transit spokeswoman Lori Patterson the service will target the

"Typically transit systems have been designed to focus on urban cores."

Lori Patterson

growing number of people, identified in a ridership study, who want to take transit.

"Typically transit systems have been designed to focus on urban cores, so it's a challenge in how ... you pay for and service the outlying areas that are growing, because they're not necessarily being paid for through the tax rate.

"So, those are all things, that as the city grows, we're looking at," Patterson said.



A Timberlea-bound Metro Transit bus heads down Barrington Street in this file photo.

Research funds leap for N.S. universities

LIST Nova Scotia universities received 3.9 per cent more cash for research last year, new numbers show.

Research Infosource Inc released its list of the top 50 research universities in Canada yesterday.

At 16th place, Dalhousie University was the highest-ranked university in the region with a 4.3 per cent increase in research income. Dal's research income jumped from \$106.9 million in 2006 to \$111.5 million in 2007.

Saint Mary's University was 44th on the list, making an incredible 47.3 per cent jump in research income over the same period.

METRO HALIFAX

Party leaders pledge to work with government

PROVINCE As the legislature prepares to get back to business, both opposition parties say they will work with the government — to a point.

Liberal Leader Stephen McNeil said he hopes the three parties can work together to pass legislation. But he also criticized Premier Rodney MacDonald for not doing enough to help the economy.

"The time to act is now. We can no longer afford to wait six to eight months to address our sluggish economy, as Rodney would have us believe," he said.

"We'll be introducing bills and putting forth legislation that addresses three key priorities of a healthy economy: Labour market access and skills development, competitiveness, and finally, fiscal accountability."

NDP Leader Darrell Dexter said he hopes to work with both parties, but a minority government needs trust and transparency to work.

"I don't think that's been there for the past number of sessions so we'll be looking to see if in the current atmosphere, that can happen," he said.

PAUL MCLEOD/METRO HALIFAX



Scott Tutty



Clarence Goyette



Jim Dolan



Michael Sampson



Pat Allen



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metronews.ca

WHAT'S ONLINE TODAY

Watch as a Montreal elementary school's circus arts class turns kids into gym heroes at metronews.ca/canada

Movies showtimes, trailers reviews and purchase tickets at metronews.ca/movies

Check metronews.ca/canada later this morning for news on Harper's cabinet shuffle

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Then hit Halifax Shopping Centre Saturday at 12:45. Chess candidate master Antoni Wysocki will take on several opponents — blindfolded — until 1:30. It's all part of an Alzheimer's awareness campaign. **METRO HALIFAX**

Halifax joins fashion ranks

LINDSAY JONES
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New York. Milan. Halifax?

As city's first official Atlantic Fashion Week gets underway over the next four days, organizers hope it will put the city on the map as a destination to showcase the region's best designers.

But is polar-fleece Halifax,

with its conservative reputation, ready for high fashion?

"There is a lot of fashion in the city, and it really depends how open-minded you are to what you consider fashion," said Angela Sotiropoulos, Atlantic Fashion Week director.

"Even people who are anti-fashion are making a conscious choice. That's a style. Everything in a thrift store

"There is a lot of fashion in the city, and it really depends how open-minded you are to what you consider fashion."

Angela Sotiropoulos

was a garment from some higher-end store."

The 34-year-old owner of City Models says Halifax is in the midst of an upward swing towards fashion. She points to the opening of sev-

eral boutiques — like Love, Me boutique, which only carries handmade, Canadian items in downtown Halifax — and the Swedish-owned inexpensive fashion chain H&M, opening soon

in Mic Mac Mall.

Then there's 17-year-old Erin Hayes of Dartmouth, who recently won a contract with Ford Models.

"People are starting to notice us," Sotiropoulos said. "For me, this is the perfect time for fashion week to start."

Modelled after Toronto Fashion Week, Halifax's features 18 local designers, five NSCAD University stu-

dents and four emerging designers.

"I want everyone who comes to say, 'That was a great show,' not, 'That was a great show — for Halifax.'"

Unlike fashion shows in New York and Milan, which showcase "wearable art" as the inspiration for designers' ready-to-wear collections, Halifax's will feature more practical fashions like other Canadian cities.



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Eco-friendly design part of Halifax style

So does Halifax have a style? Angela Sotiropoulos, director of Atlantic Fashion Week, says the city is a big melting pot, but one trend is definitely on the rise.

"I have noticed there is an eco-push in the community," she said, pointing to two of Fashion Week's designers, who are all about environmentally friendly fashion.

Kim Munson of Halifax-based Orphanage Clothing recycles clothing by creating new, one-of-a-kind fashions out of old clothes.

Her work is sold at Love, Me Boutique and Lost and Found in Halifax.

Mahone Bay-based Anna Gilkerson has been making a name for herself across the country with her eco-chic clothing line Deux fm.

The 27-year-old uses environmentally friendly fabrics like bamboo, soy and Lyocell, and recycled fabrics to create her drapery, elegant garments, which she says can be worn sea-

son-to-season.

She only uses fair-labour practices and all her goods are sourced and manufactured in Canada. The swimwear in her spring 2009 collection was made in Nova Scotia.

Gilkerson's line is also sold at Love, Me Boutique and Biscuit in Halifax, as well as about a dozen other shops east of Edmonton and a few spots in the United States. **METRO HALIFAX**

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Children in poverty

Nearly half of aboriginal kids under six, living off-reserve, were in low-income families in '06 compared to 18 per cent of non-aboriginal kids, says StatsCan. **METRO HALIFAX**

local 5



Premier Rodney MacDonald, right, awards a Medal of Bravery to A.G. McRae of Black Point at a ceremony at Pier 21 yesterday. Four people were honoured for their heroics.

Acts of bravery honoured

JENNIFER TAPLIN
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He didn't think. A.G. McRae just reached into a burning truck and pulled out a woman and her 10-year-old boy.

Black ice was everywhere on Highway 103 on Dec. 1, 2007. McRae was taking his son to a basketball game — with his wife following behind in another vehicle — when he noticed the damaged truck with smoke streaming out of the engine.

He pulled the boy out first then went back in for the mother as the smell of gas filled the air.

"It's funny that the first thing the mother said was 'my purse!' and she gave me her purse, which I threw out the side and I got the mother out,"

he said.

McRae's wife tended to the injured mother while he moved the boy across the road because the truck was fully engulfed in flames. The pistons and tires were popping, he said.

"It's like slow motion in a movie when I was doing it," said McRae, 40, who retired from the military and is now a high school

teacher. He lives in Black Point.

Emergency crews slid on the ice as they arrived on the scene, soon whisking away the injured mother and son.

"And then in a matter of 10 minutes we had to go to my son's basketball game and coach. My wife and I showed up and we were kind of in shock and I was covered in blood," he said.

Without his knowing, McRae's wife nominated him for the first provincial Medal of Bravery because of his heroic actions. Yesterday, the premier awarded him and three other men with the medals at a ceremony at Pier 21.

The ceremony was nice, he said, but the real reward for his actions was meeting the mother and boy at their home in Tantallon last year.

Other recipients

- Jeffery Skaling of Canning, who swam out to save the life of a young woman at Lumsden Dam. He pulled her out and performed CPR.
- Ira Moody Barkhouse and Arnold Whyntott of Mahone Bay saw a plane crash near Bridgewater. They battled the fire in the wreckage and saved the life of a passenger.

Autistic children make gains in program

HEALTH An IWK Health Centre doctor and Dalhousie University researcher says autistic children are making strides under a \$4-million provincial program.

Isabel Smith's independent evaluation of the Early Intensive Behavioural Intervention program found that

all 27 children involved significantly improved communication skills.

The children were about a year-and-a-half behind in development when they began the program. On average, children gained more than a year's worth of language skills in the first 12 months of treatment with

many doubling their learning rate.

The program is offered through district health authorities and the IWK Health Centre, along with Nova Scotia's Hearing and Speech Centres.

The program has been in place since July 2005.

METRO HALIFAX

News in brief

MAGAZINE Ottawa's Frank may have folded, but Atlantic Frank isn't going anywhere.

Atlantic Frank publisher John Williams said yesterday the Ottawa publication, which folded Tuesday, was separately owned. Its demise won't impact the local magazine. Frank was founded in Halifax in 1987 by David Bentley, Lyndon Watkins and Dulcie Conrad. They launched the Ottawa Frank in 1989, but later sold it to Michael Bate. **METRO HALIFAX**

Landlords can go green for cash

REBATES Landlords can now tap a new Conserve Nova Scotia program to help make their rental units more energy-efficient.

Building owners can get up to a \$10,000 rebate from the provincial agency by installing energy-efficient lighting, front-load washing machines, and water conservation devices. The program will be handled by the Investment Property Owners' Association of Nova Scotia.

tion of Nova Scotia.

The entire program is worth \$250,000. To qualify, you'll have to get advance approval of any renovations from the association before you buy anything. Once the association gets proof of purchase, you'll get your rebate cheque.

To see a complete list of the qualifying renovations, visit www.conservens.ca/ipoons. **METRO HALIFAX**

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Canadian Blood Services is urgently seeking donors. Its national emergency reserve is down to a two-day supply, and has dropped more than 40 per cent in the last two weeks. To donate, call 1-888-236-6283. **METRO HALIFAX**

Database helps place 230 students

HEALTH Students in the health sciences looking for work placements in Nova Scotia can now turn to a new database.

The Health Services Placement network, piloted by Capital Health and the IWK Health Centre in Halifax last year, helped link 230 students to clinical placements. It's a national database, so students in MRI programs can find placements here even though there aren't any MRI technician training programs here.

METRO HALIFAX

News in brief

FINANCE Canadian export growth is expected to stagnate in 2009, with a weaker loonie only slightly helping to mitigate the impact of the global economic slowdown, according to Export Development Canada (EDC). Commodity prices are expected to be lower in 2009 with the export outlook likely to remain gloomy until at least mid-2010, the report said. **METRO HALIFAX**

Star studded lineup on ice

PHILIP CROUCHER
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It's an impressive list of figure skaters to say the least.

You have 2002 Olympic gold medalists Jamie Sale and David Pelletier, along with 2008 world champion Jeffrey Buttle, four-time world champion Kurt Browning and 2006 Olympic silver medalist Sasha Cohen of the United States.

All world-class figure skaters coming to the Halifax Metro Centre Friday, Dec. 5 for Holiday Festival On Ice.

Tickets range from \$15 to \$75, plus a \$6 service charge. They go on sale tomorrow (Fri) at 9 a.m.

"I think this is the biggest cast of title holders we've ever had," Sale said of the show's lineup. "I'm pretty darn impressed."

The event has been held for the last nine years in cities across Canada, but this Metro Centre show will mark the first time it's been held in Atlantic Canada.



Canadian Olympic gold medalists Jamie Sale and David Pelletier will skate at the Halifax Metro Centre on Dec. 5 at Holiday Festival On Ice

The theme of the show is titled A Celtic Christmas and is a 90 minute event that features two full cast numbers and two individual performances by each skater or duo.

Other skaters participating are Marie-France Dubreuil and partner

Patrice Lauzon, Jennifer Robinson, Steven Cousins and Shawn Sawyer, who is from Edmunston, N.B.

Two-time East Coast Music Award winners The Cottars will also be performing.

"It's always been a special show for us because of

If you go

- **WHAT:** Holiday Festival On Ice
- **WHEN:** Friday, Dec. 5 at 7 p.m.
- **WHERE:** Halifax Metro Centre
- **TICKETS:** On sale Friday at 9 a.m. and range in price from \$15 to \$75, plus a \$6 service charge. Phone 451-1221 or visit ticketatlantic.com.

the mood everyone is in while we're creating it," Pelletier said of himself and his wife Sale. "Everybody is in a festive mood. Everybody is happy to be there."

"It really kicks off our holiday season."

Throughout yesterday's 30-minute conference call promoting the event, Sale and Pelletier's 13-month-old son Jesse could be heard in the background. Sale and Pelletier speak fondly about being parents, and balancing skating with their son.

"It's been a positive, exciting, fun change for us," Sale said.

Visitors down slightly in 2008

TOURISM Nova Scotia welcomed 1,652,000 visitors to the end of September, a three per cent decrease or about 50,000 fewer visitors compared with the first nine months of 2007.

While the number of room nights sold increased by two per cent or 35,000. For the month of September, Nova Scotia totalled almost 219,000, a five per cent decrease — or about 12,000 fewer visitors — compared with September 2007. Tourism, Culture and Heritage Minister Bill Books says the department is continuing to monitor tourism results closely and to work with industry partners and plan for next year.

METRO HALIFAX

Home buying confidence steady

PURCHASES A new RBC study conducted during the market turmoil in October finds overall intentions to purchase a home in the next two years remain steady at 22 per cent and have not changed since January. **METRO HALIFAX**

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- Grand Oasis Marien — Puerto Plata, Dominican Republic

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Submit your opinions on biodiversity

The province wants to hear your thoughts on the future of Nova Scotia's forests, minerals, parks and biodiversity. The committee will send a working paper to the minister in December. Send your opinion to volplan@gov.ns.ca or fax it to 424-0580. **METRO HALIFAX**

Stevedores case ruling removed

Nova Scotia Supreme Court Justice Frank Edwards has set aside a temporary injunction against stevedores employed by Logistec Stevedoring, who held an information picket at the access road to Sydney Coal Railway's rail centre.

Edwards said in a ruling yesterday morning that he granted the temporary injunction to Sydney Coal Railway Friday after receiving affidavit evidence that the UMWA stevedores, who have been locked out by Logistec, completely blocked the entrance to the rail centre, and that railway employees felt in-

timidated when they refused to report to work on Thursday and Friday.

The Supreme Court justice said he was left in

Background

On Sept. 15, Logistec locked out the stevedores who unload coal from the pier in Sydney Harbour and reload it for transportation by the coal railway to Nova Scotia Power's Langan Generating Station.

also received a Canada Industrial Relations Board order Saturday declaring the actions by the railway workers an illegal walk-out and ordering them back to work, which also resolved the matter, Edwards noted in the ruling.

METRO HALIFAX

Commercial fishing issues still afloat

COURTS The lawyer who brought a bankruptcy case involving commercial fishing licences to the Supreme Court of Canada says while he would have preferred to have been on the winning end of the

court decision, he thinks it was beneficial to bring the matter to the top court in the country.

On Oct. 24, the Supreme Court handed down a decision ruling that commercial fishing licences can be

seized by financial institutions and used as assets to pay off a person's debt when they declare bankruptcy.

Yarmouth lawyer Andrew Nickerson, on behalf of a client, had hoped to

have the court rule that the licences should not be considered property in bankruptcy cases. "Ultimately, the courts are there to decide these things," he said.

METRO HALIFAX

News in brief

WORKERS In August, 487,500 Canadians received regular Employment Insurance (EI) benefits, virtually unchanged

from July. During the month, regular benefit payments increased 2.7 per cent to \$729.8 million. **METRO HALIFAX**



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MAKING YOUR MONEY GO FURTHER IS SMART.

About 10 centimetres of snow fell on Ottawa Tuesday night and yesterday, but was not met by the kind of traffic and clean-up chaos that sometimes accompanies the year's first big snowfall in the city. By 9:30 a.m. yesterday, Ottawa police had reported 37 collisions related to the road conditions. **METRO CANADA**

Canada



Snakebitten man charged

A Winnipeg man who survived the deadly bite of a venomous snake last week won't escape the law, police say. The 31-year-old man, who was the owner of the Gaboon viper, left, that sunk its fangs into his face on Oct. 19, faces a charge of violating the city's exotic pet bylaw, police Const. Jacqueline Chaput said yesterday. **CBC NEWS ONLINE**

Funeral Judge laid to rest



Disgraced sprinter Ben Johnson is seen leaving a Toronto synagogue following a funeral service yesterday for Charles Dubin, who was the judge in charge of the Dubin Inquiry into drugs and sports after Johnson's doping ban.

Federal cabinet to be unveiled today

With stock markets on a roller-coaster ride and financial worries mounting, today's cabinet picks are meant to signal that the economy "will dominate the life of this government and this Parliament."

"It will be strongly focussed on the economy, and it will be getting right to work in terms of implementing our overall agenda, but especially with relation to the economic challenges facing our country," a government official told reporters in a briefing yesterday.

"Expect to see very strong, experienced ministers in files with a direct relationship to the economy," he said.

Expected cabinet moves

According to Parliament Hill sources

- Jason Kenney, the Calgary MP who has successfully co-ordinated the Tory outreach to ethnic communities, will get the Immigration portfolio.
- Transport Minister Lawrence Cannon to Foreign Affairs.
- Peter MacKay staying put as Defence Minister.
- Diane Ablonczy to Health, a big promotion for the Alberta MP.
- Health Minister Tony Clement to International Trade.
- Jay Hill, currently the government whip, takes over as House Leader.

That's why both Finance Minister Jim Flaherty and Industry Minister Jim Prentice will keep their portfolios to send a signal of stability and confidence to Canadians and the markets.

Harper's new cabinet will be unveiled at 10:30 a.m. to-

day when the ministers old and new are sworn in during a ceremony at Rideau Hall. **TORSTAR NEWS SERVICE**



Check metronews.ca/canada after the official announcement this morning for all the details on the new cabinet.

News in brief

EDMONTON A man died after he was Tasered twice by Edmonton police after a rampage at a pawnshop. Police say the man, believed to be in his 30s, was smashing windows and threatening people when cops arrived. Police took the man to hospital, where he died.

QUEBEC The province's opposition parties are joining forces in an effort to avoid a possible provincial election in December, CBC News Online reports. The parties presented and passed a non-binding motion yesterday calling on Premier Jean Charest not to call an election.

PENSIONS Canada is reviewing options to adjust pension funding obligations after falling stock and bond prices have driven down asset values in corporate pension plans, and prompted some plan sponsors to seek relief from funding rules.

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Comment & Views

Comment

Assumptions put to test

Ex-U.S. envoy warns Obama win would be danger to Canada

Home&Abroad

Andrew Cohen

Canada & world insight

Paul Cellucci, the former United States ambassador to Canada, warns that a victory by Barack Obama next week would be a "danger" for Canada because he might renegotiate the North American Free Trade Agreement.

Cellucci worries that, should Obama win the presidency and the Democrats strengthen their hold on both houses of Congress, there would be "one-party government" in Washington. With that would come pressure from unionists and environmentalists to re-open the agreement.

Of course, it's nowhere certain Obama would question free trade at all. And

it's curious that one-party government didn't bother Cellucci, an amiable Republican, when his party was in control of both the executive and legislative branches in 2004.

But he's right to argue that Obama as president represents a danger to Canadians — even if it is more psychological than economic.

Fundamentally, Obama threatens our self-image. His election will challenge the smugness and moral superiority with which we have long viewed the United States.

It will dispel home truths and force us to look at ourselves in a different light, undermining our deep-seated notion that we are the kinder, gentler people of North America — more tol-

erant, more progressive, more civic-minded.

Tolerant? In *Fire and Ice*, his bestselling study of attitudes on both sides of the border, pollster Michael Adams argues that Canadians are more sensitive to minorities than Americans because we are "a mosaic" and they are "a melting pot," demanding conformity from all newcomers.

This isn't true of the United States. It is a delusion that will evaporate if Americans elect their first black president.

Progressive? Barack Obama will come to office as the most liberal chief executive since Lyndon Johnson. Obama wants to introduce universal health care. If that happens — and the country's crushing debt may prevent it — Canadi-

ans will lose one of the differences between people they love to trumpet. Moreover, we will no longer corner the market on compassion.

Democratic? It won't be pretty to watch the antiquated American electoral machinery on election day. But if it breaks down, the likely reason is that a higher percentage of Americans will be voting this year than in any election since 1960.

Expect more than 59 per cent of Americans to cast ballots on Nov. 4, the record low number who voted here. This will put the lie to our boast that we are more engaged in politics than they.

Cellucci was right about Barack Obama. He is a threat to many of the self-satisfying assumptions that we have long had about ourselves and about our neighbours.

Andrew Cohen, a professor and journalist, is the author of *Extraordinary Canadians: Lester B. Pearson*.

"Fundamentally, Obama threatens our self-image. His election will challenge the smugness and moral superiority with which we have long viewed the United States."



Letters

Lisa Samson-Boudreau, ARICHAT

I believe the government in this province has a moral obligation to represent all areas and not just the powerful industrial centres of the province.

I have no political affiliation but I do applaud the government's support of (fuel) regulation and to do what's right for the province overall.

To those who believe that my opinion rests solely on the fact that my company (Caper Gas) profits directly as a result of regulation — why shouldn't a small portion of the wholesale profit stay here in Cape Breton? I encourage other independent fuel

wholesalers to do the same.

Outside of regulation, with two refineries serving the needs of the entire Atlantic region and four majors controlling the market, we are not truly getting gas pricing benefits through competitive markets. We are getting pricing and service motivated solely by profit for a few with no new players ever being able to enter that market.

I believe in our ability as a company to serve the needs of our marketing area and to bring a little decency and a human element to an industry that has all but forgotten from whom every penny of its profits come from.

Views

Stepping into a new and uncertain life

By Denise Rudnicki

I was 20 years old the last time I went by land across Canada. I remember how exciting it was to feel so free, yet also how very ordinary what I was doing seemed to me.

My young life was ahead and it was supposed to be about adventure and anticipation. There was no fear; no worry about the future. I was hungry for change and new experiences. I wanted to take my place — centre stage.

Rekindled love with the boy I knew 35 years ago is propelling me west again — only this time it's like stepping off a cliff. This time fear is the leading actor in my play. I sold my house and everything in it. I'm leaving family, friends and community, driving to B.C. to live on a boat, and all without the security of

a job. I'm so far out of my comfort zone that I barely recognize who or where I am.

For months before the move, I woke every night, awash in waves of cold anxiety. No one I knew was doing anything like this. They were paying off their mortgages, working in pensionable jobs, saving, looking forward to retirement and travel and grandchildren. I was stepping into the abyss, and with bad knees to boot. I was afraid I was making a mistake. I was afraid it wouldn't work out. I was afraid I would hate living on a boat. I was afraid I wouldn't find work. I was afraid I couldn't invent a new life at my age.

But love is a powerful motivator and I know it won't get any easier to do this. There isn't going to be a better time. I want a dif-


Denise Rudnicki

ferent sort of life and I know this means I have to take risks. Will I be willing to take these risks if I wait until I'm 60? 65? Surely, making this kind of seismic change will only get more difficult.

I feel a potent mixture of excitement and fear. Fear is a funny thing. It can ring very helpful alarm bells in your gut that can save your life, but it can also para-

lyze you and stop you from trying new things. My sister gave me some good advice — "Feel the fear and do it anyway."

Feeling this afraid and doing it anyway is the greatest test I've ever been set.

The last time I drove across Canada, my life was all ahead of me. Not as much of it lies ahead this time. But it's a much greater adventure as a result.

He took the mooring line and pulled the boat closer to the dock. Clutching a pint of oysters, a bottle of champagne and two hot water bottles, I stepped onto the boat and into a new and uncertain life. Afraid, but doing it anyway.

Denise Rudnicki has more than two decades experience as a journalist and communications executive.

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A French court yesterday rejected President Nicolas Sarkozy's demand for a ban on a Sarkozy doll and voodoo manual that encourages users to stick pins in it, saying it was "within the authorized boundaries of freedom of expression and the right to humour." **REUTERS**

World/Business

Was Obama's ad savvy or too slick for voters?

Barack Obama, in an audacious bid to swamp rival John McCain in the final days of the U.S. presidential election, spoke directly to voters last night in a slickly-produced 30-minute infomercial aired in prime time on seven networks.

The Democratic candidate spent about \$4 million for the broadcast, the first such gambit by a presidential hopeful in 16 years.

Independent candidate Ross Perot was the last presidential candidate to buy network airtime for an unfiltered message to voters in 1992.

Obama mixed biography with personal stories from hard-pressed American voters — most from battleground states — and testimonials from governors,

"It was hardly a typically safe move by a candidate perceived to be the front-runner."

senate colleagues and a military official.

Policy proposals were pitched from an office that looked like it could have been the Oval Office, a risky move for a candidate once accused of usurping the presidential seal as a campaign emblem.

As the video ended, viewers were transported to a live speech Obama was delivering in Kissimmee, Fla.

For all the polished production values, last night's broadcast renewed talk of Obama Overload and

played to McCain's charges that the Illinois senator was already "measuring the drapes" in the Oval Office and had a penchant for presumptuous, flamboyant gestures that will alienate American voters.

It was hardly a typically safe move by a candidate perceived to be the front-runner in the Nov. 4 election and it was part of a final offensive that included an appearance on Jon Stewart's Daily Show and Obama's first joint appearance last night with former president Bill Clinton.

The advertisement ran on Fox, CBS, NBC, and cable network MSNBC, as well as Spanish-language channel Univision, Black Entertainment Television, and TV One, a network targeting African-Americans.

TORSTAR NEWS SERVICE

Germany Chess champ crowned



Chess World Champion Viswanathan Anand of India is seen through his trophy during a news conference at the Chess World Championships in Bonn yesterday. Anand played a draw in the 11th game to retain his title over Vladimir Kramnik, left.

News in brief

PAKISTAN About 175 people were killed when a powerful earthquake hit the southwestern Pakistani province of Baluchistan yesterday, flattening 1,500 mud-walled homes and triggering landslides.

RUSSIA Two Roman Catholic priests were found murdered Tuesday in the apartment where they lived in an upmarket district of Moscow, with injuries to their heads.

CUBA UN member states voted in record numbers yesterday to urge the U.S. to lift its 46-year-old embargo on Cuba for the 17th year straight. **REUTERS**

McCain on the attack in battleground state

FLORIDA Republican John McCain questioned Democratic rival Barack Obama's readiness for the White House yesterday as a bruising presidential campaign hit the final stretch.

McCain kicked off a tour of the must-win state of

Florida by warning Obama would raise taxes and redistribute wealth, and by casting doubt on the Illinois senator's judgment, experience and ability to handle a security crisis.

Obama said McCain's economic policies would

be bad news for the middle class and would mean more of the Republican approach followed by President Bush.

A Reuters/C-SPAN/Zogby poll showed Obama with a five-point national lead on McCain. **REUTERS**

Business

Maple Leaf profits sliced by outbreak

Canada's largest food processing company says sales of sliced meats fell by as much as 50 per cent in the immediate aftermath of a nationwide product recall linked to the deadly listeria bacterium.

Maple Leaf Foods Inc. said the cost of the recall pushed the company into a financial loss for the quarter ended Sept. 30.

Up to 20 people died from the same strain of bacteria found in a Maple Leaf processing plant in Toronto.

In its financial statement yesterday, Maple Leaf reported its fourth-consecutive quarterly loss of \$12.9 million — that compared with a year-earlier profit of

"The recall produced immediate sales contractions in the 30 to 50 per cent range."

Michael McCain

\$220.4 million.

Sales edged up to \$1.34 billion, from \$1.30 billion a year ago.

Maple Leaf chief executive Michael McCain said that the recall produced immediate sales contractions "in the 30 to 50 per cent range. But they were very, very short-lived. The category tended to recover pretty quickly, within a matter of weeks."

McCain noted that affected categories had anywhere from flat to declining 10 to 15 per cent recovery rates, with "a rate of improvement every week."

Compared with rival brands, he said, "the Maple Leaf brand had an impact at the higher end of those ranges in the initial case and is certainly slower to recover."

But he said it wouldn't be unprecedented to expect a full brand recovery within six to 12 months.

The company took a \$19 million charge on the direct costs of the recall, including closing and cleaning the plant while trying to find the source of the listeria. **TORSTAR NEWS SERVICE**

GM-Chrysler clear major deal issues

AUTOS General Motors Corp. and Cerberus Capital Management have resolved the major issues in a proposed GM-Chrysler merger, but the final form of any deal would depend on the financing and government support available, sources familiar with the talks said yesterday.

Both sides have agreed that GM chief executive Rick Wagoner would lead the combined automaker, the sources said.

GM shares jumped by as much as 11 per cent, its bonds rose, and the cost to insure the automaker's debt against default fell.

REUTERS

In brief

ACQUISITION PepsiCo said yesterday it agreed to buy Canadian sunflower and pumpkin seeds maker Spitz International to boost its presence in healthy snack markets.

INTERNET Yahoo and AOL have been looking at each other's books, indicating a possible merger may be near. **REUTERS**

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Deadline officially moved back

NHL general managers will have one extra day to make trades this season. The league officially announced yesterday that it had pushed the trade deadline back to March 4. It had originally been scheduled for March 3, but a high volume of games forced the switch. **METRO NEWS SERVICES**

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Sports



Leafs most valuable NHL franchise: Forbes

For the third straight year, the Toronto Maple Leafs are the NHL's most valuable team, worth \$448 million. The Leafs increased in value by 9 per cent and easily were valued ahead of the New York Rangers in Forbes' annual rankings. The full list of teams is available at www.forbes.com/nhl

METRO NEWS SERVICES

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Now it's sunny in Philadelphia

Phillies finally win Game 5, capture first World Series crown since 1980

WORLD SERIES - GAME 5

Rays 3 Phillies 4

**PHILLIES WIN SERIES 4-1**

It took two extra nights, but the Phillies have finally put an end to Philadelphia's 25-year major sports title drought.

Eric Bruntlett scored on a Pedro Feliz single in the seventh inning and the Phillies beat Tampa Bay, 4-3, in Game 5 of the World Series, wrapping up the franchise's second title in history. Rocco Baldelli's homer tied the game in the top of the seventh, but the Rays couldn't go ahead as

Chase Utley threw out Jason Bartlett at the plate to end the frame.

The Phillies then went in front in the bottom half of a game that had been halted by rain tied, 2-2, Monday night after 5 1/2 innings. Wintry conditions forced a postponement for an extra day, but under cold, windy conditions yesterday, the Phillies warmed up their fans quickly and sent the City of Brotherly Love into pandemonium. The 4-1 series victory gave Philadelphia its first championship of any kind since 1983, when the 76ers beat the Los Angeles Lakers for the NBA title. The Phillies' other World Series championship came in 1980.

Brad Lidge, who didn't blow a save the entire year, locked down the win in the ninth.

METRO NEWS SERVICES



The Phillies storm the field after winning their first World Series title since 1980.

Olympic tix selling fast

OLYMPICS Despite economic uncertainty, private ticket packages to the 2010 Olympics are selling out. CoSport, the official hospitality provider for the Vancouver Olympics, says all of the packages that included gold-medal hockey tickets are gone. CoSport says packages that include tickets to the opening ceremony are also going quickly.

Olympian pleads for corporate help

OLYMPICS Canadian Olympic gold medal speedskater Clara Hughes is pleading with corporations to sponsor Canadian athletes for the 2010 Olympics, saying there isn't enough money for athletes. With the 2010 Games coming to Vancouver, Hughes says the pressure will be unprecedented and the resources to make sure athletes' needs are met is crucial.

Bosh, O'Neal help Raptors open on a high note

NBA RESULT

Raptors 95 76ers 84



NBA Chris Bosh scored 27 points and grabbed 11 rebounds, and the Toronto Raptors posted a 95-84 defeat of the Philadelphia 76ers in both teams' season-opener, spoiling Elton Brand's debut for his new team.

The Raptors added a big man themselves, trading for power forward Jermaine O'Neal in a deal with Indiana. O'Neal was the second-leading scorer with 17 for Toronto, which was ousted by Orlando in the first round of last season's playoffs.

Jose Calderon added 13 points and seven assists for the Raptors, while Jason Kapono shot 6-for-8 — including 3-of-4 from three-point range — for 15 points, as the team shot 10-for-16 from outside the arc and 44.4 per cent overall for the contest.

Brand scored 14 points and hauled in 13 rebounds in his Sixers debut, and Andre Iguodala put up 15



Chris Bosh drives for two of his 27 points against the 76ers in Philadelphia last night.

points in a losing effort. Samuel Dalembert grabbed a game-high 17 rebounds in addition to his nine points for Philadelphia, which was knocked out of

the first round of the playoffs by Detroit.

The Sixers shot just 34.5 per cent (29-of-84) from the field and turned the ball over 18 times. They lost de-

spite dominating the paint, outrebounding Toronto by a 56-33 margin.

The Raptors took their first lead of the game four minutes into the second, going up 28-26 on an open layup by Roko Ukic.

Bosh scored 15 in the half for Toronto, as the team took a 47-38 lead after O'Neal's three-point play with just under three minutes left.

The Raptors took a 51-45 lead into halftime thanks to making 5-of-7 three-point shots, as well as committing only two turnovers.

Conversely, Philadelphia gave the ball up eight times in the opening half, leading to 13 Toronto points.

The Sixers looked poised to take the lead, cutting the deficit to two early in the third. But the Raptors came right back with a 6-0 run to make it 57-49.

Thaddeus Young followed with a three-point play to spark a 7-0 burst by Philadelphia.

The Raptors took over the rest of the third quarter, going on a 17-9 run to end the frame. Bosh and O'Neal each contributed six in the third, and Calderon assisted on four of the baskets, as Toronto led 74-65

going into the fourth.

The Sixers closed the gap to six early in the quarter, but Calderon hit a three-pointer and Kapono made a 17-footer to open up a nine-point lead for Toronto with 8:26 to play.

With the lead at 13 and just four minutes to go, the Raptors appeared to be in control.

But Philadelphia cut it to six on a Lou Williams three-point play with 2:39 to play. Bosh followed with an open jumper for Toronto, and Calderon hit a three on the next possession to push the advantage back to 11, sealing the victory for the Raptors.

The Sixers jumped out to a 9-1 advantage in the early minutes. Brand deposited his first four points while grabbing four rebounds, and Toronto struggled, missing on its first seven shots.

Anthony Parker's three-point shot with 2:58 left in the first pulled the Raptors to within one, and Philadelphia led 21-18 after the opening quarter.

Dalembert grabbed nine boards in the frame — including six on the offensive end — as the Sixers outrebounded Toronto 21-5.

METRO NEWS SERVICES

Sinclair gets FIFA nomination again

SOCCER Canadian Christine Sinclair is one of the 10 women's finalists for FIFA's World Player of the Year award.



Sinclair

Sinclair, a 25-year-old from Burnaby, B.C., has scored 95 goals in 125 senior appearances for Canada. She was also nominated for the FIFA award last two years.

Maradona to coach Argentina

SOCCER Diego Maradona will become Argentina's soccer coach next week, leaving the team in the hands of a national icon whose achievements on the field have been undercut by a long history of erratic behaviour and drug abuse. The Argentine Football Association said on its website the appointment will be made Tuesday.

Maradona is to replace Alfio Basile, who resigned following poor performances in qualifying for the 2010 World Cup.

Maradona led Argentina to a World Cup title in 1986 and to the championship game in 1990.

METRO NEWS SERVICES



Saint Mary's Huskies rookie Jahmeek Murray was named Canadian Interuniversity Sport football's special teams player of the week yesterday. The receiver/punt returner from Mississauga, Ont., compiled 192 all-purpose yards and a touchdown in a weekend win over the St. Francis Xavier X-Men. **METRO NEWS SERVICES**

Langley, Huck headline all-stars

MATTHEW WUEST
matthew.wuest@metronews.ca

AUS Anne Langley of the Saint Mary's Huskies and Jeanette Huck of the Dalhousie Tigers were named Atlantic University Sport first-team women's soccer all-stars yesterday.



Langley

Langley, a second-year back from Halifax, and Huck, a third-year forward from Hatcher Lake, both make their debuts as AUS all-stars. Halifax's Teresa Morrison, a midfielder with the St. Francis Xavier X-Women, also made the first team.

The Tigers' Kate MacDonald of Elmsdale and Stephanie Collins, as well as the Huskies' Kelly Burgess of Halifax and Heidi Pentz of Bedford, cracked the second team.

On the men's side, Dalhousie earned a pair of first-team berths with midfielder Ross Hagen and back Kerry Weymann making the cut.

Keeper Matt Hogg of Bedford and back Jonathan McNeil of Halifax represent Saint Mary's.

The AUS playoffs open tomorrow, with the women at Huskies Stadium and the men in Sackville, N.B.

Slow-starting Huskies fall to X-Men

MATTHEW WUEST
matthew.wuest@metronews.ca

Are the Saint Mary's Huskies slowing down or is the rest of the Atlantic Universities Hockey Conference catching up?

No matter how you slice it, last season's dominant Huskies have given way to a middle-of-the-pack team that has struggled out of the gates, even by their own admission.

The Huskies lost 3-2 to the St. Francis Xavier X-Men last night at the Halifax Forum, dropping into a tie for sixth

place with their third loss in the first five games.

"People projected us to be higher than we are," said Huskies forward Cam Fergus, who had two assists. "It's been up and down for us, and the league's a lot better this year."

"A lot of teams picked up some great players in the off-season, and it's showed with teams like St. F.X. tonight."

The X-Men jumped out to a 3-1 lead early in the second period on the strength of Chris Hult's two-goal, one-assist effort. Despite being outshot 35-17, the X-Men rode solid goaltending from Danny Battocchio to the finish.

Cody Thornton and Marc Rancourt scored for Saint Mary's.

It's a little early to for the Huskies to push the panic button, as the core of last year's AUHC runner-up that



Saint Mary's Huskies forwards Chris Morehouse (left) and Colin Power sandwich Robbie Lawrance from the St. F.X. X-Men during Wednesday night's AUS game at the Halifax Forum.

went 20-4-4 remains intact. But they know they can play better. "We play a good period, then maybe we slack off a bit," said Fergus, a former

major junior 53-goal scorer with the Cape Breton Screaming Eagles. "Maybe guys are trying to do too much, and if we simplify

On the web

• Bryce Swan skated with the X-Men last night and is adjusting to university life after four years with the Halifax Mooseheads. Want to know more? Visit www.metronews.ca/qfiles.

Moose juggle lines, hope to shake off bad week

MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Mooseheads are hoping to put a forgettable couple of days behind them tonight at the Metro Centre.

The Herd hosts the Saint John Sea Dogs at 7 p.m., its first action since top forward Logan MacMillan was lost for up to a month with a knee injury and since Fri-

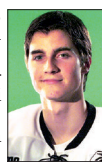
day's 7-1 loss to the Chicoutimi Saguenéens before a season-high crowd.

"All of it hurts," Mooseheads second-year forward Travis Randell admitted this week, "but we can't dwell on it. We're counting on bouncing back and having a better game."

MacMillan's injury will result in some line juggling. Czech sniper Tomas Knotek is left as the most dangerous scoring threat

on the roster, and based on yesterday's practice, 19-year-old Yuri Cheremetiev will join him on the top line.

Randell and Linden Bahm, along with rookies Gerrard Grant, Jessyko Bernard and Ned O'Brien, are among the others who will be looked upon to step up in MacMil-



Knotek

lan's absence. The Mooseheads, who are 5-11, have scored just 41 goals in 16 games, tied for the worst output in the Q.

"We need to create more offence," said Knotek, who has two goals and three assists in six games after missing the first 10 games of the season with a groin injury. It would probably help if Saint John wasn't one of the better defensive teams in the league. Led by Antigonish's Alex Grant,

the Sea Dogs — off to an ordinary 9-7-1 start — boast a deep, veteran defence corps and have scoring punch to boot.

They beat the Mooseheads 5-1 on home ice Oct. 4.

"We're not (intimidated) to play against any team," Knotek said. "We're a hard team to play against. We're still young, but with experience, we'll get better. We're getting there."

Conratulations to Alexandra's Pizza in Fairview

for being chosen Metro's Kooldest Pizza Joint, as voted by Metro readers and Kool96.5 FM listeners.

Tune in next month to find out the next category of the best Halifax has to Offer!

SCOREBOARD									
QMJHL					ATLANTIC PLAYOFFS				
ATLANTIC DIVISION					Nashville 4 4 1 9				
Moncton 14 0 2 30					Columbus 3 5 0 6				
Cape Breton 12 5 0 24					BYE: SAINT MARY'S SEMIFINAL				
Saint John 9 7 1 19					SATURDAY NOV. 2 GAME				
Bathurst 7 8 4 18					Mount Allison at St. Francis Xavier				
P.E.I. 7 9 1 15					NHL				
HALIFAX 5 11 0 10					EASTERN CONFERENCE				
CENTRAL DIVISION					NORTHEAST DIVISION				
Shawinigan 14 4 0 28					Buffalo 6 0 2 14				
Drummondville 12 3 2 26					Montreal 6 1 1 12				
Victoriaville 10 9 0 20					Toronto 3 2 4 10				
Lewiston 6 11 0 12					Boston 3 2 3 9				
EAST DIVISION					Ottawa 3 5 1 7				
Quebec 12 2 1 25					PACIFIC DIVISION				
Rimouski 11 5 0 22					San Jose 7 2 0 14				
Baie-Comeau 5 8 3 13					Dallas 4 4 2 10				
Chicoutimi 5 11 2 12					Anaheim 4 5 0 8				
WEST DIVISION					Los Angeles 3 4 0 6				
Montreal 9 7 0 18					Phoenix 3 4 0 6				
Rouyn-Noranda 8 6 2 18					ATLANTIC DIVISION				
Gatineau 5 10 2 12					N.Y. Rangers 9 2 1 18				
Val-d'Or 1 14 2 4					Pittsburgh 5 2 1 12				
LAST NIGHT'S RESULTS					New Jersey 5 2 2 12				
Rimouski 5 Chicoutimi 2					Philadelphia 3 3 3 9				
TONIGHT'S GAMES					N.Y. Islanders 2 5 0 4				
Saint John at HALIFAX					SOUTHEAST DIVISION				
P.E.I. at Moncton					Washington 5 3 2 10				
Shawinigan at Victoriaville					Carolina 4 2 2 10				
					Florida 4 4 0 8				
					Atlanta 2 4 2 6				
					Tampa Bay 2 3 3 6				
					CIS FOOTBALL				
ATLANTIC CONFERENCE FINAL STANDINGS					WESTERN CONFERENCE CENTRAL DIVISION				
y-Saint Mary's 7 1 0 14					Detroit 6 1 1 13				
x-St. F.X. 4 4 0 8					St. Louis 5 3 0 10				
x-Mount Allison 2 6 0 4					Chicago 3 2 3 9				
Acadia 1 7 0 0					LAST NIGHT'S GAMES				
					Toronto 95 Philadelphia 84				
					Atlanta 95 Orlando 85				
					New Jersey 95 Washington 85				
					New York 120 Miami 115				
					Phoenix 103 San Antonio 98				
					Milwaukee 98 Oklahoma City 87				
					Detroit 100 Indiana 94				
					Minnesota 98 Sacramento 96				
					Houston 82 Memphis 71				
					Utah 98 Denver 94				
					L.A. Lakers at L.A. Clippers				

Sports in brief

HOCKEY Halifax's Jillian Saulnier has been named captain of Atlantic Canada's under-18 girls hockey team. The 5-foot-4 forward is a rookie with the Stoney Creek Sabres of the Ontario-based Provincial Women's Hockey League.

The team is headed to Ontario next week for the Canadian under-18 girls hockey championships.

HOCKEY Antigonish's Alex Grant has signed a three-year entry-level contract with the Pittsburgh Penguins. Grant, selected in the fourth round (118th overall) in the 2007 NHL draft, had 15 goals and 33 assists for 48 points in 70 games with the Saint John Sea Dogs last season.

HOCKEY Antigonish native and all-time pro hockey PIM leader Dennis Bonvie has been hired as a scout with the Toronto Maple Leafs. Bonvie retired from the AHL last spring with 4,804 penalty minutes in 871 AHL and 92 NHL games.

METRO NEWS SERVICES

Metro Homes

Making a stylish splash

Padded, upholstered Wallhuggers add richness

HomeScape

Sylvia Putz



Every once in a while, you see a stylish and unique home decor product that really grabs your attention. For me, this product is what originator Connie Beland calls a wallhugger — an upholstered and padded panel with a hard back that attaches to the wall.

These panels can be mounted beside each other to create a rectangular headboard, or they can be mounted to fill part of a wall or a full wall. These plush and cushy-looking panels look absolutely smashing in a bedroom as a headboard, a larger board or even as a wall covering that serves as an elegant focal point. This is how they are most often used by her customers, says Beland.

A few customers have also asked for them in an entertainment centre like a den or a home theatre room. Not only do they add a feeling of richness, these panels also provide some soundproofing.

Beland first came up with the idea of using wooden-backed upholstered panels as headboards when she was helping her daughter decorate



Wallhuggers, created by Connie Beland, serve as elegant focal points in virtually any kind of room.

On the web

- Beland does not have a retail location, since she sells mostly online. On her website (www.wallhuggers.ca), she has a selection of five dif-

- ferent panel sizes and over 100 fabrics, and you can also choose your own fabric.

- Prices range from \$75 to \$250 per panel.

her new condo. The headboard, needless to say, became a big hit. In fact, her daughter's friends started clamouring for their own, which gave Beland the confidence to launch her own company called Wallhuggers (www.wallhuggers.ca).

Ultimately, wallhugger panels can be used in almost any room to add stylish interest to a wall. However, in areas where a lot of cleaning is required, like a bathroom or the back-splash area of the kitchen, choose a fabric that can be easily cleaned.

Usually, they are put up in a series of identical panels — three or four in a row to look like a headboard, or a series of two or three stacked rows, or even enough to fill a wall from floor to ceiling.

People don't often mix panel sizes or fabrics, says Beland, but a more adventurous design is possible, especially if the wallhugger panels cover the whole wall in, say, a checkerboard design, or vertical or horizontal stripes. Using squares of different sizes could also produce a pleas-

ing random effect.

As for fabrics, the faux leathers and suedes remain as popular as ever and continue to look especially sharp in ultra-modern settings. But textural fabrics are getting big, says Beland. Linens are popular as well; their nubby, natural-looking texture fits beautifully in bedrooms with naturally based fibres, fabrics and finishes.

Beland says a more traditional look can be created by using panels with button tufting: Buttons in the middle such as that you'd find in some upholstered furniture.

Soothing neutral colours are often used for bedrooms, like cream and beige. But bright colours like fire-engine red or royal blue can look wonderfully vibrant, and they work well in children's rooms.

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Dairy Farmers of Canada is releasing three spooky, spectacular Halloween recipes: Breakfast Brain Pudding, Green and Gooley Macaroni and Bloodshot Eyeball Soup. Get them at metronews.ca. **METRO NEWS SERVICES**

Food

"Choose squash that is heavy for its size. Look for hard squash; the skin should be dry and free of cracks or soft spots."

Barb Holland/for Metro Canada



Butternut

When it comes to butternut, the seeds are in the hollow bulb end, so pick one with a small bulb end and a thick neck.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

My gourd! It's squash season

À la carte

Barb Holland

Metro Food Writer



With Halloween on our doorstep, gourds, pumpkins and squashes are at their peak of availability now and through the coming months.

Winter squashes come in an interesting and wide variety of size, shape, colour, texture and flavour. They're also wonderfully versatile — in a warming soup; served mashed or roasted; or puréed and used in baking (think pumpkin pie or muffins).

Roast Squash, Onion and Garlic Soup

Any squash can be used in this recipe; however butternut is one of the easiest to peel and has a rich flavour and colour. Roasting the squash, onion and garlic brings out a caramelized sweetness. Serve with crusty whole grain bread. Makes about 10 cups (2.5 L), 6 to 8 servings.

INGREDIENTS:

- 1 butternut squash (about 3 lbs/1.5 kg)
- 3 onions
- 1 bulb garlic
- 2 tbsp (30 mL) olive oil
- 1 tsp (5 mL) dried thyme leaves
- 1/2 tsp (2 mL) dried rosemary leaves, crumbled
- Pinch each coarse salt and pepper

- 5 cups (1.25 L) vegetable or chicken broth

METHOD:

Preheat oven to 375°F (190°C). Peel and cut squash into 2-inch (5 cm) chunks. Peel and cut onions into wedges. Separate cloves of garlic, but do not peel. In large bowl, toss vegetables with oil, thyme, rosemary, salt and pepper. Spread on a large shallow roasting pan and roast 40 to 50 minutes or until vegetables are tender, stirring occasionally. When garlic is cool enough to handle, squeeze the softened cloves out of their skins. In batches, purée roasted vegetables with broth until smooth. Transfer to a saucepan, and heat until hot for serving. Season to taste with



Butternut is a relatively easy squash to peel and has a rich flavour and colour.

salt and pepper.

Squash tips:

- Prep: Cutting some of the larger squashes can be a challenge. You can soften the skin by placing the whole squash in the microwave for a few minutes to make cutting a little easier. You can bake a

whole squash, but it cooks faster when halved. Place cut side down in a baking dish with ½ inch (1 cm) water to keep it moist. Or pierce a squash in many places and cook it whole in the microwave until tender. Cut in half and remove seeds.

- Good for you: Squash are a very good source of vitamins A, C & B6, potassium, manganese, dietary fibre, riboflavin, folate and magnesium.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

54-40

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APRIL WINE

Choo launches its first eyewear line

Luxury brand Jimmy Choo recently launched its first collection of stylish ophthalmic frames and sunglasses. The limited edition collection will be available exclusively at high-end eyewear specialists across Canada. **METRO NEWS SERVICES**

15

Style



Makeup looks created for Halloween

Put your most creative face forward with a series of Halloween looks created exclusively by MAC Cosmetics artists using MAC make-up products. The top 10 looks, called MAC Fan-tasticals, can be seen at maccosmetics.com with instructions on what products are needed and how to apply it to achieve the look. Eighteen additional faces can be viewed on Facebook (facebook.com) by typing in "MAC Cosmetics." Contact your nearest MAC location to inquire about products or get more tips on applying these looks. **METRO NEWS SERVICES**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONews.CA

Dressing for black tie: Bond-style

Emulating 007's fashion sense means sticking to convention

RUSSELL SMITH
for Metro Canada

First, let's get the terminology straight: Bond would never use the word tuxedo. That's an Americanism. He would say "dinner jacket." On an invitation — to an embassy, say, or a casino — it would say "black tie."

And what he means by this is very strict. Even in an age when celebrities interpret black tie to mean any variation on a black suit (long ties, white ties, black shirts, whatever), James Bond would stick to the letter of convention for formal wear. That means classic black, with a small bow-tie. A fitted single-breasted jacket with one or two buttons (no more!). Peak lapels or

shawl lapels (the rounded ones), with satin or ribbed silk facing. One black ribbon down the outseam of each trouser leg. The trousers have no cuffs at the hem, nor do they have belt loops — they are held up by suspenders, or by an adjusting self-belt.

Shirt: White piqué — that's the waffle texture, also known as marcella — with a regular turned-down collar. Pleated shirt fronts are falling out of fashion. Your shirt will have studs, not buttons, and the studs will match your cufflinks. (Oh yes, you will have cufflinks). Your shoes — now listen closely, because this is crucial — your shoes must be plain shiny black lace-up Oxfords. James Bond himself

Black tie pitfalls

- **DON'T** wear black tie with penny-loafers or patterned brogues. Plain black lace-ups only.
- **DON'T** wear a wing collar. Unless you are at some nostalgic '80s party.

RUSSELL SMITH/FOR METRO CANADA

probably owns a pair of extra-shiny patent leather shoes just for black tie, but you don't have to.

Should you own a dinner jacket? Of course you should. Renting is absurdly expensive, and the "formal-wear" chains, which focus on weddings rather than on Bond-style dinner parties, tend to push you towards

the garish. Start shopping for your tuxedo in January, when the big party season is over and formal wear goes on sale.

If you're not in a high income-bracket, you can skip the high-end retailers like Harry Rosen and Holt Renfrew. Since fashion doesn't influence this outfit much, a plain black dinner jacket from The Bay, or from your local conservative men's store, is perfectly acceptable — and can be found on sale for under \$1,000. Designer names are not important in this field. An even cheaper option is to order one online from the Vancouver-based company Indochino (indochino.com).

• For more Bond coverage, see page 19.



Pull off Bond's chic style with classic touches: Small bow tie, fitted single-breasted jacket with one or two buttons, white piqué shirt, cufflinks and peak or shawl lapels.

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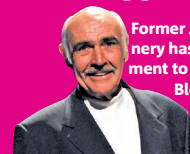


United Way
www.unitedwayhalifax.ca

Sir Roger Moore was awarded one of France's highest honours during a ceremony in Paris Tuesday. The former James Bond star was presented with the Order of Arts and Letters by French Culture Minister Christine Albanel, who praised the actor for his career achievements in Hollywood. IMDB.COM

Entertainment

Connery returns



Former James Bond star Sir Sean Connery has reportedly come out of retirement to shoot a new film with Orlando Bloom, *Quest of Sheherzade*, based on the legendary 1001 Arabian Nights tale. IMDB.COM

Sibling tensions unmasked at Neptune

Play tells the story of three Palestinian brothers torn between kinship and survival

PHILIP CROUCHER
philip.croucher@metronews.ca

They're three Palestinian brothers, torn between duty, kinship and survival during the Intifada in The Middle East crisis.

The end result sees emotions run high in this volatile situation.

"It's the kind of brotherly conflict that anyone who has a sibling knows — that kind of competition, which is multiplied a 100 fold by being in a deeply political situation where the forces of being under oppression are fracturing the family apart," said Hal-

fax's Anthony Black, the director for Neptune Theatre's new production *Masked*.

"The brothers each have a different moral code and that's hard to reconcile." The play *Masked* is set in the fall of 1990 in a butcher shop in an Arab village in the West Bank. It stars Ketch Harbour's Theo Pitsavas, and Toronto's Ali Momen and Karan Oberoi, and looks at this long-lasting struggle from the Palestinian point of view.

Masked is based on the play by Ilan Hattor, who was born and raised in Israel and graduated from the Tel Aviv University



Karan Oberoi, from left, Theo Pitsavas and Ali Momen star in Neptune Theatre's *Masked*.

Theatre Department.

The play has been produced over 100 times worldwide, but only introduced to a North American audience in recent years.

It premieres at Neptune's Studio Theatre to-

morrow at 8 p.m. and will run through Nov. 16. The play is a 90-minute production with no intermissions.

"It's a very intense hour and a half. It's a very suspenseful hour and a half,"

said Black, who is directing his third play at Neptune. "And there are remarkable performances. If you want to see good acting in this town, you should come and see this show."

Pitsavas calls *Masked* an

If you go

- **WHAT:** *Masked*
- **WHEN:** Officially opens tomorrow at 8 p.m. and runs through Nov. 16.
- **WHERE:** Neptune Studio Theatre
- **TICKETS:** Adult tickets range from \$15 to \$35. Phone 429-7070 or visit neptunetheatre.com.

"actor's piece" because of the emotion, strong dialogue and changes in status and power with each of the characters.

Pitsavas enjoys working with Momen and Oberoi in the play and feels they have a good chemistry on stage together.

"These guys are brothers and I think we show it," Pitsavas said.

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Roberts laughs at *Pretty Woman 2* rumours

Actress Julia Roberts has laughed off rumours of a sequel to her 1990 hit movie *Pretty Woman*, insisting at 41 she's too old to play a prostitute. **IMDB.COM**



Lear prepares to leap into the Cohn

PHILIP CROUCHER
philip.croucher@metronews.ca

It has been adapted for stage plays. It has been adapted for the screen. Now Shakespeare's masterpiece *King Lear* has been adapted for ballet, too.

The Atlantic Ballet Theatre of Canada is presenting *King Lear* at the Rebecca Cohn Auditorium on Saturday at 8 p.m.

The production marks the first time the famous Shakespeare tragedy has ever been created as a full-length ballet, and will be presented in two acts in a total time of one hour and 55 minutes.

"Nobody had done this ballet. I don't understand why. It was a great play," said choreographer Igor Dobrovolskiy. "So I started to think I would try when I had the chance. After seven years living in Canada, I think it's the time to stage it."

The Ukrainian-born Dobrovolskiy, who lives in Moncton, has a cast of 11 dancers in the ballet, which features everything



Evelina Sushko (Goneril) and Sergiy Diyanov (*King Lear*) perform in the Atlantic Ballet Theatre of Canada's production of *King Lear*.

from murder and intrigue to seduction. The ballet premiered on Oct. 10 in Moncton and is touring across Atlantic Canada to strong reviews.

"All of the major characters are represented in the play, and it works very well

dramatically," said Dobrovolskiy, who co-founded the Atlantic Ballet Theatre of Canada with Susan Chalmers-Gauvin in 2001 and serves as the company's artistic director. "We didn't lose any of the feeling from this drama,

which is very important to me. When you do a classical play with this type of English literature, you have to be careful not to damage it. I don't feel like I did."

Dobrovolskiy said the music from the late Dmitri

If you go

- **WHAT:** Atlantic Ballet Theatre of Canada presents *King Lear*
- **WHEN:** Saturday at 8 p.m.
- **WHERE:** Rebecca Cohn Auditorium
- **TICKETS:** Costs \$38 for adults, \$36 for seniors and \$28 for students. Phone 494-3820 or visit artscentre.dal.ca.
- **NOTE:** *King Lear* is rated PG-13 and contains mature themes.

Shostakovich plays a very key role in the ballet's overall production, as it helps get the message across to the audience. There are about 12 selections in the ballet featuring Shostakovich's symphonies and string quartets. Saturday's show will be the seventh performance of *King Lear* on stage. The ballet has also made stops in Charlottetown, Saint John, Fredericton and Wolfville.

"It's coming together well," Dobrovolskiy said. "It's very good."

In brief

CONCERT Tafelmusik's Jeanne Lamont is returning to lead Symphony Nova Scotia for a baroque concert on Sunday at St. Andrew's United Church in Halifax at 2 p.m. Lamont is joined by bass-baritone Tyler Duncan and oboist Suzanne Lemieux as they perform music by J.S. Bach, Albinoni, Handel and Vivaldi. Tickets are \$47.50 and are available by calling 494-3820, or at symphonynovascotia.com.

TICKETS Due to an overwhelming demand, Sonic Concerts has added a third Franklin's Family Christmas Concert at the Rebecca Cohn Auditorium in the Dalhousie Arts Centre on Nov. 23 at 7 p.m. There are also previously scheduled shows at 1 and 4 p.m. that same day. Tickets for each show cost \$20 in advance and \$25 day of show.

MUSIC The Spinney Brothers have been named as the opener for J.P. Cormier, who is performing at the Rebecca Cohn Auditorium on Nov. 7 at 8 p.m. The Spinney Brothers are based out of the Annapolis Valley and recently walked away with five awards at the 2008 Eastern Canadian Bluegrass Music Awards. The cost of the show is \$32. Call 494-3820.

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Funnyman Mike Myers realized the power of his infamous impersonations after a recent performance for sick children at the Rusk Institute in the Bronx, N.Y., left him "crying like a baby." **IMDB.COM**



Above: Mooseheads fans Wayne and Phyllis Wolfe dressed in pink to support the Breast Cancer Foundation Friday at the Metro Centre.



Above: CTV's Liz Rigney with Turbine Fashion owner/designer Lisa Drader-Murphy at Turbine Showcase 2008.

Right: Runway models Cheryl Barker and Laura Nurse at Turbine Showcase 2008.



Right: Laing House's Wendy Acklerley with husband Keith at the Cunard Centre.



Flexing those fashion, fundraising muscles

HalifaxScene

Jamie Paterson

After walking into the Metro Centre last Friday night, I had to blink a few times to make sure the '90s weren't flashing back to haunt me.

The whole place was a sea of pink. The fans, the players, everywhere you looked ... pink! Just as I was expecting an inflatable elephant to descend from the rafters, I heard the announcement about Pink in the Rink for breast cancer.

Fans were asked to dress in pink to show their support. The Mooseheads wore special pink uniforms that were raffled off at the end of the game to raise money. Even Mooseheads' Man in the Stands Bobby Mac was sporting a fetching pink ensemble, which my sources tell me came straight from eBay by way of New York City.

A night of fashion and jewelry that would rival anything in N.Y.C. was presented Saturday evening at the Via Rail station. The Turbine Showcase 2008 featured nearly 300 new pieces for fall, along with a fine-art silent auction. Pro-

ceeds from the night went to Alice Housing. The group provides affordable housing for women who face violent family situations and helps their recovery.

Nurses, a chiropractor, a restaurant owner, students and even a construction project manager served as models. CTV's Liz Rigney brought the evening together and kept things moving as host.

After a quick trip to the bar, it was time for a Tom Collins cocktail with a twist. The retro lounge group lulls you in with the standards of swing and cha-cha, but then hits you between the eyes with lounge versions of some '80's pop and metal.

You haven't lived until you've heard the cocktail lounge version of Judas Priest's You Got Another Thing Coming.

Rounding out the night was a sumptuous display of eats from It's All Greek to Me. Jimmy Zelios' Quin-pool Road restaurant pulled out all the stops and my stomach thanks you!

As I was leaving the Via Rail station, a quick swing past the Cunard Centre was in order, where A Modern Day Masquerade was in full swing.

The dinner and dance was planned in the hopes of "lifting the mask" off the stigma that surrounds young people with mental illness. The money raised

was for Laing House, the vision of Keith and Rosemary Hamilton. So far, more than 300 young adults aged 16 to 30 have been helped.

Since taking on the job as your man on the scene, I've been to my fair share of live auctions, but never have I seen such a collection of items. Included was an icebreaker cruise to the Macronesia Islands and a Caribbean vacation on a 62-foot yacht.

Speaking of the islands, it was time to head to Havana by way of the Lord Nelson Hotel.

Ten years ago, music educator Jeff Goodspeed established his musical connection with Cuba called the Los Primos Project, and this celebration took over three ballrooms done to resemble a Havana nightclub. Along with a cocktail reception and silent auction, there was a stage show and dancing, dancing and more dancing!

The project began in 1997 with the donation of used instruments to Cuba and has now evolved into a very successful exchange program for musicians.

Well, it's time to don my ghoulish apparel and crash a few Halloween parties. Back next week with the pictures.

When he's not making the Scene, Jamie Paterson hosts The Drive and The Beatlebrunch on KOOL FM in Halifax

Left: Nancy Sievert and Jimmy Zelios at Turbine Showcase 2008.



Right: Greg Pretty and Carol Ritchie from Tom Collins take a break from performing at Turbine Showcase 2008.



Left: Proud parents Cheryl and Tom McNamara hold the Pink in the Rink stick son Adam used in "Timbit" action between periods at the Halifax Mooseheads game.



Above: Jason Williams and Alicia Pinkney check the silent auction items at the annual Laing House Masquerade Ball.



Above: Prize winners Teri Appleby and Amanda El-Hanary at the Cunard Centre for the Laing House Masquerade Ball.

From Crowe to werewolf

Oscar winner Russell Crowe is set to play a werewolf in a new movie to be directed by his mentor Ridley Scott. **IMDB.COM**

Live and let dress

Becoming Bond

Rick McGinnis

rick.mcginis@metronews.ca

After buzzing me through the automatic double doors, the nice lady at Royal De Versailles jewellers laughs when I ask to see James Bond's watch. There have been a few, but she pulls out a Rolex Submariner for me to try on. It's a beautiful watch, heavy and simple, with a discrete mechanism that makes my Timex sound like a badly-tuned diesel engine. It's just \$6,260, but if I really wanted to splurge, there's the very understated white gold Submariner with the blue face and bezel for \$31,935. I tell her I'll have to wait until the Boxing Day sales.

There are moments of great luxury in the life of a

Jeff (Farbstein) says that someone like Bond would need at least five good suits, a couple of tuxes, two or three shirts for each, and a closet full of shoes and casual wear ... It doesn't sound like something you could afford on a civil servant's salary.

secret agent," Ian Fleming wrote at the start of *Live And Let Die*, his second James Bond novel. "There are assignments on which he is required to act the part of a very rich man; occasions when he takes refuge in good living to efface the memory of danger and the shadow of death..."

I'm clearly not taking refuge from danger or death's shadow, but my muscles are still aching from the session at the Krav Maga gym four days ago, so I'm looking at today's *Becoming Bond* assignment as my brush with that great luxury.

Jeff Farbstein, the executive VP, general merchandise manager at Harry Rosen, meets me at the Tom Ford boutique at the

town headquarters before the shop opens.

The Bond franchise switched to Ford to clothe Daniel Craig's Bond with the latest film, *Quantum Of Solace*, after a long relationship with Brioni, the Italian clothier, dating back to Pierce Brosnan's *Goldeneye*.

Jeff is very kind, describing to me how a good tailor will correct for things like my gut and poor posture by lengthening the back of suit jacket, raising the back of the neck and tightening up the collar. He opens up a closet where they keep the standard size jackets for fittings and slips me into a two-button black suit jacket with a notched lapel and I look in the mirror to discover that I'm 20 lbs. lighter.

"He always looks like he's

just got the suit out of the dry cleaners," Farbstein says of Sean Connery's Bond, the unsurpassed prototype.

"Whether he's standing or sitting, he's always fresh — everything always seems perfect." He shows me a beautiful three-piece light glen plaid suit that echoes the one Connery wears for most of the last half of *Goldfinger*; it's a fine example of what Ford is trying to do with his bespoke line, and it costs \$6,000.

Jeff says that someone like Bond would need at least five good suits, a couple of tuxes, two or three shirts for each, and a closet full of shoes and casual wear. I try doing the tally in my head, and it doesn't sound like something you could afford on a civil servant's salary.

Upstairs, Nello Sansone, Harry Rosen's master tailor, describes to me how he's cut suits for police officers, subtly adding room to the chest and armhole to accommodate the shoulder holster and gun, a process not dissimilar from designing a suit for a man with a thick wallet.



Nello Sansone, master tailor for Harry Rosen, makes alterations on a Canali tuxedo worn by Metro writer Rick McGinnis at a fitting at the Harry Rosen store in downtown Toronto.

He slips me into a very Bond-like Canali tuxedo for a fitting — the sort of thing Bond would wear to a casino or embassy reception. Once again, the 20 lbs. have miraculously disappeared. The tux costs \$2,000, and the added shirt, tie, shoes, pocket square and other acces-

sories bring it up close to three grand, but I'm looking at myself in the mirror, slimmer, straighter, taller, and I'm already making excuses to justify the expense, even if I'm reduced to wearing it to parent-teacher interviews.

MORE ON BOND STYLE, PG. 15

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The Dark Knight director Christopher Nolan has doubts over the next Batman movie, because the third film in the franchise may be too difficult to make. **IMDb.COM**

Not quite kicking butt

Pink

Album: Funhouse

Label: Sony BMG

Rating: ⓈⓈⓈ

WE'VE ALWAYS BEEN able to rely on Pink to keep the rest of the corporate pop stars honest. She turned both barrels on them with *Stupid Girls*. Now she does the same thing to herself

with *So What*, lead single off *Funhouse*. The marriage breakup with Carey Hart seems to have left her ... vulnerable. It works surprisingly well on *I Don't Believe You* (which is believable), but fails on *Please Don't Leave Me* (which isn't). The feisty in-your-face Pink returns on *Bad Influence* and the title track, *Funhouse*. But there's just not enough of that old attitude. Come on, Pink, get over it. Time to

kick some butt out there.

Graham Rockingham/for Metro Canada

Bloc Party

Album: Intimacy

Label: Atlantic/Warner

Rating: ⓈⓈⓈ½

BLOC PARTY shows a lot of range on its third album, *Intimacy*. In the case of vocalist Kele Okereke, some-

times a little too much range. With a thick British accent (almost unbelievably thick in some spots), Okereke can sound like a whinier Andy Partridge of XTC. But when he stays mid-range and doesn't sound like he's putting on, Okereke delivers heartfelt, intimate vocals. Okereke, and the entire band for that matter, thrive on the ballads and darker songs (and there are a lot of those). Don't be fooled by the raucous kick-off track *Ares*: *Intimacy* is a personal, introspective album.

Jim Reyno/Metro Canada

Eva Avila

Album: Give Me the Music

Label: Sony BMG

Rating: ⓈⓈⓈ

OUR CUTE LIT-TLE Canadian Idol has turned into a steamy dance club seductress. Yeah, they've made her look like all the other pop stars they're pushing. And guess what? She sounds like them too. I dare anyone to pick this



Pink's new album, *Funhouse*, is now available in stores.

AlbumReviews

music@metronews.ca

voice out of a lineup. But it's not easy to scratch out a personality for yourself when you've got a veritable army of songwriters trying to do it for you. Check out the lyrics on *Damned*. I count at least a dozen clichés. There's talent here. Let it breathe.

Graham Rockingham/for Metro Canada

John Legend

Album: Evolver

Label: Columbia/Sony BMG

Rating: ⓈⓈ

IT'S CLEAR WHEN you hear *Evolver* — John Legend's latest — that the neo-soul pianist is trying to, well, evolve. But while this

record is a departure from Legend's previous efforts, it's more of a step back than a leap forward. The crooner's third full-length is filled with more upbeat R&B synth tracks and guitar riffs, which have been interesting if only they weren't so bland. There's barely an infectious chorus here, and cliché lyrics about his ex on *This Time* will make you long for the usually thoughtful singer's back catalogue.

Bryan Borzykowski/for Metro Canada

Read CD reviews of Lordi, Snow Patrol, Kaiser Chiefs and Kenny Chesney at metronews.ca/music.

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HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
10/30/08	31	31	31	ABC News (N)	ABC World News	Inside Edition	Chronicle	Ugly Betty "Ugly Berry"		Grey's Anatomy (N)		Life on Mars
	7	7	7	ASN The Road to Avonlea	Robson Arms	TMZ (N)	Hole in the Wall	America's Next Top Model		Eleventh Hour		The Hour
	11	11	11	CBC Coronation St.	Jeopardy! (N)	The Nature of Things (N)	Doc Zone (HDTV) (N)	CBC News: The National		Grosse vie (C.A. (SC))		Le Téléjournal
	2	2	2	CBC-F Terre humaine	Pyramide (SC)	Virginie (SC)	Infoman (SC)	Enquête (HDTV) (SC)		CSI: Crime Scene Investg.		Eleventh Hour
	32	32	32	CBS News (N)	Evening News	The Insider (N)	Entertainment	Survivor: Gabon (N)		Vlog (SC)		TVA 22 heures
	69	69	69	CFTM TVA 18 heures	Le Cercle (SC)	La Fièvre de la danse (SC)	Occupation double	Survivor: Gabon (N)		The Office (N)		Billable Hours
	6	6	6	CHIF Entertainment	ET Canada	Life on Mars (HDTV) (N)	Occupation double	Survivor: Gabon (N)		CSI: Crime Scene Investg.		News (N)
	9	9	9	CJCH etalk	Dance	ER "Haunted" (HDTV) (N)	Podium TV	CSI: Crime Scene Investg.		EastLink Television		News (N)
	10	10	10	ELTV (6) EastLink Television								
	36	36	36	FOX Deal-No Deal	The Simpsons	Two/Half Men	Two/Half Men	MLB Baseball World Series Game 7 -- Philadelphia Phillies at Tampa Bay Rays.		The Office (N)		30 Rock
	12	12	12	NBC News (N)	NBC News	Hollywood	Extra (N)	Name Is Earl	Kath & Kim (N)			ER (N)
	29	29	29	NW World News	Business	CBC News	Newman	The Hour Ray Zahab.		CBC News: The National		Nature-Things
	4	4	4	PBS-B NewsHour With Jim Lehrer	Greater Boston	Business Rpt.	Basic Black	Debating Our Destiny II		Torturing Democracy		
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Worldfocus	This Old Hse.	Hometime		Ask This Old		Michigan
	68	68	68	TQS (6:30) Le Retour (SC)	Grande fille	Loft Story	Le Cercle 2 ** (2005, Horreur) Naomi Watts. (SC)					Spain-On Road
	23	96	96	BNN Business News	Headline	Market Call	Commodities	GetConnected Business News		Squeeze Play		Market Call
	18	18	18	CNN (5) The Situation Room		Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live		Cooper 360
	54	54	54	GOLF PGA Tour Golf: Champions	Post Game	PGA Tour Golf Ginn Sur Mer Classic -- First Round. From Florida.						
	52	52	52	RSE Prime Time Sports	Sportsnet Con.	MLB Pregame	MLB Baseball World Series Game 7 -- Philadelphia Phillies at Tampa Bay Rays.					
	55	55	55	SCOR Hockey Talk	Game On	Score on NFL	College Football South Florida at Cincinnati. (Live)					
	45	45	45	SPD Unique Whips	Pinks (HDTV)	Pass Time	Pinks -- All Out (HDTV)					Wrecked (N)
	53	53	53	TSN Off the Record	SportsCentre	That's Hockey!	CFL Football Saskatchewan Roughriders at Toronto Argonauts. (HDTV) (Live)					
	43	43	43	FAM Zoey 101	Life Derek	Wizard's-Place	That's-Raven	Zack & Cody	Natural-Sadie			Life Derek
	44	44	44	TOON Scooby-Doo My Mummy	Planet Sketch	Giants-Scooby	Ghosts-Scooby	6teen				Ned's School
	26	26	26	TREE Max & Ruby	Backyardigans	Ni Hao, Kai-lan	Night Grdn	Toot & Puddle	Franklin			Maggie-Beast
	27	27	27	YTV Flintstones Meet Rockula	Charlie Brown	Garfield	Sabrina-Witch	Sabrina-Witch	Futura			Prank Patrol
	16	16	16	A&E Cold Case Files (HDTV)	CSI: Miami (HDTV)	CSI: Miami (HDTV)	The First 48 (HDTV)					Jacked: Theft
	70	70	70	APTN News	Suaanigan (N)	Rez Rides	Next! Youth	renegadeexpress				Bram Stoker's Dracula *** (1992, Horror)
	50	50	50	BET 106 & Park: BET's Top 10 Live (Live)		Access	Hip-Hop Awards '08 Top hip-hop artists are honored.					Gangster
	37	37	37	BRVO Street Legal	Desperate Housewives	Camera	In the Mind ...	Naked Lunch *** (1991, Science Fiction)				
	97	97	97	CLT Mysterious Ways	Judging Amy	Tara Diaries	The Wilkinsons	Home Improve.				Mysterious
	25	25	25	CMT Jessica	Kellie Pickler	Air Force	Just for Laughs	Corner Gas				Hope & Faith
	49	49	49	COM Laughs	Comedy Now	The Investigators	Cops Uncut	Dumb Criminal				VIP
	153	153	153	COURT Truth, Duty, Valour	Daily Planet (N)	House Hunters	Property Virgin	Holmes on Homes				MythBusters
	38	38	38	DISC How It's Made	How It's Made	NCIS "Reveille"	Lost Stories	Disaster DIY				MythBusters
	48	48	48	HGTV Holmes on Homes	NCIS "Reveille"	Greek	On Set: Girl	Video on Trial				MythBusters
	46	46	46	HIST Chasing Warbirds	MusicProfile	mmmtop10.com	Madonn: The Confessions Tour --	Live From London				Work for Diddy
	17	17	17	MM Pimp My Ride	disBand (N)							
	19	19	19	MMM MusicProfile	mmmtop10.com							
	201	201	201	M1 (6:25) Dreamland **	The Water Horse: Legend of the Deep (2007, Fantasy)							Keith Carradine.
	48	23	23	OLN The Amazing Race 4	Ed's Up	Videos	Commando: On the Front Line					Pilot Guides
	51	51	51	PEACH Seinfeld	Friends	House-Payne	House-Payne	Friends	Friends			Seed
	206	206	206	PIX Top of the Food Chain	The Professionals *** (1966, Western) Lee Marvin.							
	67	67	67	RDI RDI en direct	RDI en direct	24 Heures en 60 minutes	Grands reportages (SC)					RDI en direct
	39	39	39	SHOW EastEnders	Spaced	Painkiller Jane	ReGenesis (HDTV)					Saving Grace
	40	40	40	SLICE Matchmaker	Til Debt-Part	End of Leash	ET Canada	Rich Bride, Poor Bride				Biggest Loser
	47	47	47	SPACE Stargate SG-1 (DVS)	Lost ... And Found	Star Trek: Voyager	CSI: NY (HDTV)					Chuck
	14	14	14	SPIKE Unsolved Mysteries (HDTV) (N)	CSI: NY "Obsession"	The Ellen DeGeneres Show	TMZ (N)	etalk				Tonight Show
	98	98	98	STAR FashionTele	Look-A-Like	LA Ink Mötley Crie.	Overhaulin' (HDTV)					American Chopper (N)
	21	21	21	TLC What Not to Wear	Naked Fashion	Beverly Hills, 90210	Make or Break	What Happen?				Family Guy
	34	34	34	TROP Make or Break	Naked Fashion	Que-champion	Journal de F2					Seinfeld
	20	20	20	TVS Jodi-H "Smile" (DVS)								
	28	28	28	W House	Style by Jury	Will & Grace	Friends	Divine Design				Divine Design
	22	22	22	W House	Style by Jury	Will & Grace	Friends	Divine Design				Divine Design
	251	251	251	WGN Be-Millionaire	Evening News	Two/Half Men	Family Guy	Smallville "Identity" (N)				WGN News

critics'corner

30 Rock

The Rock is back! No, not the wrestler — the hit sitcom set inside the offices of a fictional television variety show. Tina Fey — who found a new side-line gig a few weeks back, thanks to a certain politician — returns as Liz Lemon, who's trying to adjust to a workplace without Jack (Alec Baldwin). As you may remember from last season's finale, though, Jack was disappointed in his new job in Washington, D.C. Will he be back at the Rock? Watch and find out. 10:31 PM on NBC



The Nature of Things

Calling all armchair Indiana Joneses. In the new four-part series "The Adventurers" real-life explorers take viewers along to explore exotic peoples and places. The opening episode, "The Last Nomads," is a bitter-sweet encounter with the Penan people of the Borneo rain forest, who are losing their millennia-old way of life to logging concerns. Anthropologist and linguist Ian Mackenzie conducts the tour. 8 PM on CBC

CSI: Crime Scene Investigation

During the course of an investigation, the CSIs discover that their victim, a young woman who was murdered and found with several different blood types in her system, is the daughter of a wanted criminal in the new episode "Let It Bleed." 9 PM on CJCH; 10 PM on CBS

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Olsen credits business-savvy parents for success

Actress Ashley Olsen credits her business-savvy parents for grooming her and sister Mary-Kate into media moguls — because they let them sneak into meetings at a young age. IMDB.COM



Hollywood trashes import flops

IntelVision

Rick McGinnis

rick.mcginis@metronews.ca

FOREIGN AFFAIRS As the writers' strike dragged on over the course of last winter, the networks made a big deal out of looking abroad for ideas for the fall season, citing examples such as NBC's adaptation of *The Office* as proof that a good story was a good story, even if they had to change "chips" to "french fries" and delete jokes about the Queen's husband's racist gaffes.

That hasn't worked out so well, according to a story in the Hollywood Reporter. With the cancellation of *The Ex* List by CBS, it looks like other underperforming foreign imports might be following this transplant of an Israeli comedy-drama into the dustbin of history.

Eleventh Hour and *Life On Mars* have done mid-



Flashpoint may be a midseason replacement on CBS.

dling basis airing against each other on Thursday night, and CBS' *Worst Week* has been losing 40 per cent of the viewers it inherits from *Two And A Half Men* on Monday.

Advance word on NBC's *Kath & Kim* was never good, and the show has become Thursday night's sucking chest wound. The

Reporter notes that it's already been cancelled in Australia, though it was never likely to take off in the country where the original was such a big success.

There's a hint of optimism in slow but notable improvements in *Eleventh Hour*'s rating, and good reviews for *Worst Week* and

Life On Mars, and CTV's *Flashpoint* even gets a pat on the head for its brief summer slot on CBS, and a likely return as a midseason replacement.

All is not lost for the lawyers who were looking forward to more business negotiating acquisition of foreign rights, but the primetime transplants are

still regarded as wan and sickly even next to this season's very qualified successes — shows like *Fringe*, *The Mentalist*, *90210* and *Knight Rider*.

There are still a lot of immigrants waiting to be released from the Ellis Island of network production, though, including shows from Australia, France and Argentina, and the utterly unnecessary Americanization of *Absolutely Fabulous*. Hollywood thinks with its belly, though, not its head, and this season's failures are likely to jinx further transplants.

"Hollywood is a pretty reactionary town," one unnamed network executive told the Reporter. Indeed — with a few more foreign flops kicking this dismal season in the shins, they might even consider having the cast of *The Simpsons* dub the actors' voices in *Flashpoint*, anxious that the Canadian diction might alienate U.S. audiences.

Rick McGinnis writes about music, movies, books and television, but not opera.

In brief

MOVIES Iron Man duo Robert Downey Jr. and director Jon Favreau will reunite for *The Avengers*, Marvel Studios' film about its team of superheroes.

Don Cheadle, whose deal to replace Terrence Howard in the Iron Man movies has been finalized, and Downey have signed on to appear in the *Avengers* movie.

Marvel's slate is designed to introduce superhero characters via individual movies that lead up to the characters teaming up for *Avengers*.

The roster of superheroes includes Iron Man, Captain American, Hulk, Wasp, Giant Man, Hawkeye and Thor.

MOVIES The true story of international drug dealer and U.K. spy Howard Marks is aiming to give moviegoers a buzz.

Rhys Ifans, Chloe Sevigny and David Thewlis are in final negotiations to star in *Mr. Nice*, writer-director Bernard Rose's adaptation of Marks' 2002 best-selling autobiography.

Ifans will play a late-'60s-era Oxford grad and teacher who turned to drug smuggling out of boredom.

REUTERS

See complete online movie listings, trailers, reviews and purchase tickets at metronews.ca/movies

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Country singer Jo Dee Messina and her husband Chris Deffenbaugh are expecting their first child, a boy. Messina is in her third trimester — she is due in December. **PEOPLE.COM**

Celebrity Buzz

Britney's dad in control

LEGAL Britney Spears' father, Jamie, has been named permanent conservator of his daughter's affairs, a Los Angeles court has

ruled. He was also named permanent co-conservator of her estate, along with an attorney, Andrew Wallet, on Tuesday, People.com reports.

"I've met several times with (Britney) and she requested that I not object to the permanent conservatorship," the singer's court-appointed lawyer Samuel Ingham said in open court.

Commissioner Reva Goetz stated the permanent conservatorship was "necessary and appropriate."

Experts say, however, the permanent status doesn't necessarily mean forever.

A source close to Spears concurs, saying, "This is by no means something that's going to last forever. The conservatorship being made permanent in name is primarily to ensure increased time with her children, and provide support for her music and work goals."

Terry K. Wasserman, a mental health lawyer not involved with this case adds, "Ms. Spears can regain control of her life anytime — as long as her doctors feel she's able to manage her own affairs."

METRO NEWS SERVICES



GETTY IMAGES PHOTOS

Joaquin to quit acting for music

CAREER Oscar winner Joaquin Phoenix is retiring from Hollywood, at the age of 34, imdb.com reports.

The actor will instead focus on his budding music career.

"I'm not doing films anymore," Phoenix told Extra. "I'm working on my music. I'm done. I've been through that."

His representative confirmed the news, saying, "That is what he told me."

Phoenix's brother-in-law actor Casey Affleck

added Phoenix is for real: "I don't think he's kidding. He's got music and stuff."

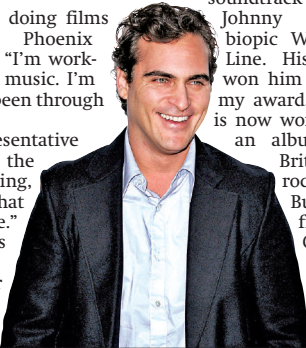
Phoenix's vocal skills were applauded in 2005 when he recorded the soundtrack for the

Johnny Cash biopic Walk the Line. His efforts

won him a Grammy award, and he is now working on an album with

British rocker Tim Burgess from The Charlatans.

METRO NEWS SERVICES



celebrity brief

Gwyneth tops worst duet poll

SURVEY Actress Gwyneth Paltrow and singer Huey Lewis' rendition of Cruisin' in the 2000 movie Duets has been voted the worst vocal collaboration of all time, by an online music magazine Spinner, femalefirst.co.uk reports.

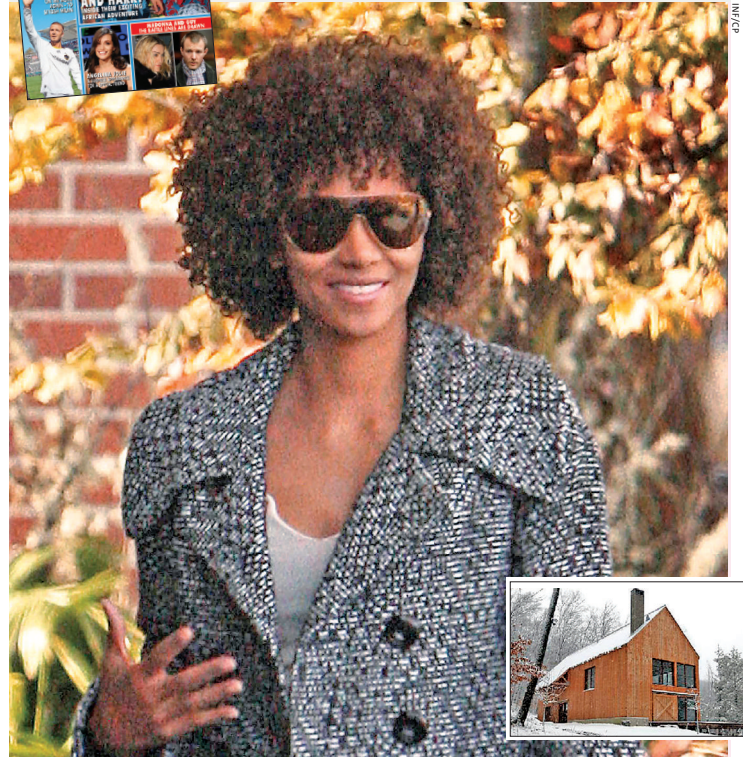
The pair played karaoke champs in the film.

Paula Abdul's pairing with MC Skat Kat for Opposites Attract was named second worst, followed by Sir Paul McCartney and Michael Jackson's The Girl is Mine.

METRO NEWS SERVICES



HELLO! Hot shot of the week



The prospect of a Canadian winter hasn't deterred actress Halle Berry from purchasing property north of the border, inset. Berry — seen shopping at a Vancouver Whole Foods store on Sunday — and her Montreal-born model beau Gabriel Aubry have bought a million-dollar retreat in Quebec's Laurentian Mountains, where they can cosy up against the elements with seven-month-old daughter Nahla.

HELLO! CANADA magazine, now available on newsstands — read more at hellomagazine.ca

Colin reveals pain at movie flop

PEOPLE Actor Colin Farrell has opened up about box-office blunder Alexander four years after its release, saying he's just getting over his disappointment at the movie flop, imdb.com reports.

Farrell played the ancient Greek conqueror in the 2004 movie.

The film made a mere fourth of its reported \$155 million US budget at the U.S. box office, adding to

Farrell's stress from movie critics who were disappointed with his performance.

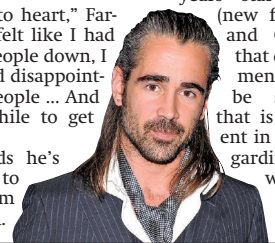
"I took it to heart," Farrell says. "I felt like I had let a lot of people down, I felt like I had disappointed a lot of people ... And it took a while to get over that."

Farrell adds he's just starting to recover from the backlash.

"I probably got a bit disillusioned after that. I think only in the last couple of years starting with

(new film) Pride and Glory has that disillusionment ceased to be something that is still present in my life regarding the work."

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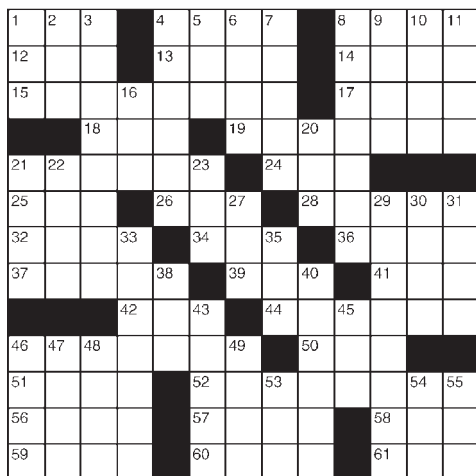
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Take Five



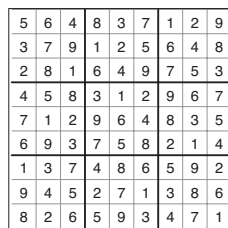
Crossword across

- 1 Vacationing
4 Weapon handle
8 Major leagues
12 Carnival city
13 Look lecherously
14 Norway's capital
15 Bully
17 Revolution period
18 Bill
19 Come before
21 Talcum, e.g.
24 In an earlier time
- 25 "— not choose to run"
26 Long sandwich
28 Different
32 Belgrade resident
34 Wrigley product
36 Domesticated
37 Inquired
39 Petrol
41 Zero
42 Melody
44 Gaudy
46 Stunt double, e.g.
- 50 "Of course"
51 Flock youngster
52 MySpace alter-native
56 Neighborhood
57 Pinocchio, at times
58 X-ray descendant
59 Designer Vera
60 "Desire Under the —"
61 Chow down

Crossword down

- 1 Scepter topper
2 Christmas tree, often
3 Adroit maneuvering
4 Calvin's companion
5 Time of your life?
6 Envelope feature
7 Aquarium favorite
8 Refuse to buy
9 "Gotcha"
10 Pleased
11 Angry
16 Bankroll
20 Freudian concept
21 Tower city
22 Pindaric works
23 Bad hairpiece
27 Annoy
- 29 Attractive
30 Eastern bigwig
31 Depend (on)
33 Pellet-filled chair
35 Wrestlers' surface
38 Accomplished
40 Lord Wimsey's creator
43 Soldier's arm
45 Symbol of intrigue
46 Cabbage salad
47 The O'Hara estate
48 Congregation's cry
49 Manicurist's concern
53 Rotating part
54 Man-mouse link
55 Set of equipment

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



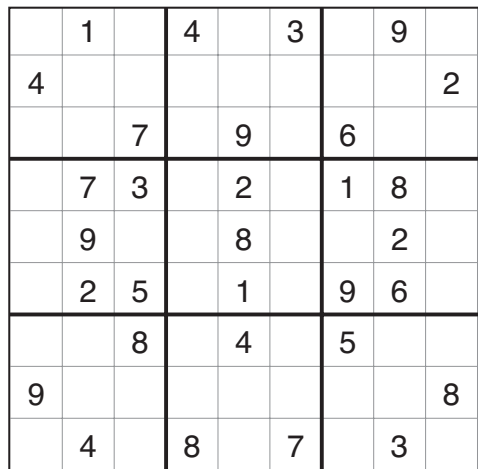
Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Recipe of the day



Sweet Potato Soup

INGREDIENTS:

- 2 tbsp (25 mL) olive oil
2 cloves garlic, minced
1 large onion, chopped
1 red bell pepper, seeded and chopped
1 tsp (5 mL) ground ginger
1 tsp (5 mL) allspice
4 cups (1 L) low-sodium vegetable or chicken broth
2 large sweet potatoes, peeled and cut into 1-inch (2.5-cm) pieces
1 can (19 oz/540 mL) diced tomatoes
1/2 cup (125 mL) natural peanut or almond butter
1 package (16 oz/450 g) frozen shelled edamame
5 oz (150 g) baby spinach

METHOD:

1. Heat oil in a large saucepan over medium-high heat. Add garlic, onion and bell pepper

and cook until lightly browned, 5 minutes. Add ginger and allspice and cook for 1 minute.
2. Stir in broth, sweet potatoes and tomatoes and bring to a boil. Reduce heat to low, cover, and simmer until potatoes are just tender, 15 minutes.
3. Place peanut butter in a small bowl. Whisk in about 1 cup (250 mL) of the simmering broth. Return to the pan and add edamame and spinach. Cook until edamame is cooked through, 10 minutes.

SERVES 6



Horoscopes

ARIES
MARCH 21-APRIL 20
Noble people are defining their boundaries. Deceit causes awareness of distress. A standard approach isn't necessary for a project.



LIBRA
SEPT 23-OCT 23
Someone's behaviour is unnerving. A phone call is not as good as you expected. A buddy makes the best of a crisis at work.



TAURUS
APRIL 21-MAY 21
There'll be talk about not getting credit. Varied options are difficult for an inattentive person. An elder comes to the forefront of a discussion.



SCORPIO
OCT 24-NOV 22
A train of thought evokes tender memories. Refuse to take sides while chaos rules. You'll develop a guilty conscience about a lie.



GEMINI
MAY 22-JUNE 21
A man makes an effort with bonding. Comforting a friend brings you good luck. You won't insist on following the rules.



SAGITTARIUS
NOV 23-DEC 21
Speak up about honesty and trust. A relationship takes on special significance. Security issues are increased with an appealing person.



CANCER
JUNE 22-JULY 22
A show-off gets spiteful due to frustration. A stranger offers a little sympathy. Talking about a bad boy is more fun than it's worth.



CAPRICORN
DEC 22-JAN 20
Try different tactics when a meddler refuses to listen. A poor decision is made in the heat of the moment. You'll cheer for a friend's deeds.



LEO
JULY 23-AUG 23
Not everyone is upset about someone's anxiety. Your friendship isn't taken for granted. A lively friend boosts your confidence.



AQUARIUS
JAN 21-FEB 18
Keep an open mind but don't forget insulting behaviour. An enemy causes laughter with a silly remark. Avoid people who may not be sincere.



VIRGO
AUG 24-SEPT 22
A subdued celebration will take place. A sympathetic person wants the right to remain silent. Be doubtful when you see undue diligence.



PISCES
FEB 19-MARCH 20
A game player regrets what was said in anger. An old friend has scary news to share. Scrutinize the attention coming from a hermit.



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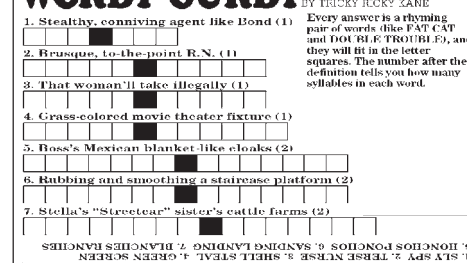


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This day in history

OCT. 30, 1831: In Southampton County, Virginia, escaped slave Nat Turner is captured and arrested for leading the bloodiest slave rebellion in United States history.
OCT. 30, 1944: Anne Frank is deported from Auschwitz to the Bergen-Belsen concentration camp.
OCT. 30, 1961: Because of "violations of Lenin's precepts," it is decreed that Joseph Stalin's body be removed from its place of honour inside Lenin's tomb and buried near the Kremlin wall with a plain granite marker instead.
OCT. 30, 1995: Quebec sovereignists narrowly lose a referendum for a mandate to negotiate independence from Canada.
METRO NEWS SERVICES

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CONSUMERS SHOULD READ THE FOLLOWING: Vehicles may not be exactly as shown. Limited time offers are subject to change without notice. *As shown: \$21,195 MSRP for a new 2009 SX4 Crossover with manual transmission. \$29,745 MSRP for a new 2008 Grand Vitara JLX model with automatic transmission, \$18,995 MSRP for 2008 SX4 sedan sport with manual transmission, \$16,295 MSRP for 2008 Swift+ S with manual transmission. †Cash purchase price for a new 2008 Grand Vitara JA (MODEL LLN81S8) with manual transmission includes \$5,000.00 cash incentive available only to cash customers and cannot be combined with subsidized lease and finance offers. ††Limited time lease offer available to qualified retail customers on approved credit only on new 2009 SX4 Crossover JX AWD (MODEL H3N80J9) with manual transmission, \$21,195 MSRP at 3.40% lease APR (4.64% effective APR for information purposes) for 60 months. Monthly payment is \$255 (including \$1,395 destination and delivery), \$0 down payment or equivalent trade-in, \$0 security deposit, \$350 acquisition fee, and first monthly payment due at lease inception. Total lease obligation is \$15,297.49 including down payment, 20,000 km/year total mileage allowance (\$0.10/km for excess mileage), ††Limited time purchase finance offers available to qualified retail customers on approved credit at 0% for up to 72 months including \$1,000 purchase financing incentive (4.03% effective APR for information purposes) on new 2008 Grand Vitara JX & JLX, at 0% for up to 72 months on new base 2008 Swift+ (MODEL STR48C8) only. Finance example: \$10,000 at 0% APR for a 72-month term; the monthly payment is \$138.89; cost of borrowing is \$0.00; total obligation is \$10,000.00. Down payment or equivalent trade-in may be required. ‡Based on Fuel Consumption Guide ratings published by Natural Resources Canada. Your actual fuel consumption may vary. All offers: (2009 SX4 Crossover/2008 Grand Vitara/2008 SX4 Sedan/2008 Swift+) destination and delivery of \$1,395/\$1,395/\$1,345, fuel conservation tax of \$75/\$400/\$75/\$0 (where applicable), duties on new tires (where applicable), \$72 PP5A (where applicable), administration fee, taxes, license, insurance, applicable fees and registration are extra. Certain conditions apply. 2008 Models: available on remaining 2008 models in stock. Retailer order/trade may be necessary. Dealers may lease or sell for less. These offers cannot be combined with any other offer except for the Suzuki Graduate Program. With the Suzuki Graduate Program, recent university or college graduates may be eligible for an allowance on the purchase or lease of certain models. Information shown is based on the latest available information at the time of print. See participating dealers for conditions and details. Offers end October 31, 2008. ©2008 Suzuki Canada Inc.